

Pets and Animals

Pets are Part of Your Family Too:

Remember, during a disaster what's good for you is good for your pet, so get them ready today. If you leave your pets behind, they may be lost, injured – or worse. Never leave a pet chained outdoors.

Ideas to be pro-active in Preparing for an Emergency

- Create a buddy system in case you're not home. Ask a trusted neighbor to check on your animals.
 - Find pet friendly hotels along your evacuation route and keep a list in your pet's emergency kit.
 - Locate boarding facilities or animal hospitals near your evacuation shelter.
 - Consider an out-of-town friend or relative
- Locate a veterinarian or animal hospital in the area where you may be seeking temporary shelter, in case your pet needs medical care. Add the contact information to your emergency kit.
- Have your pet microchipped and make sure that you not only keep your address and phone number up-to-date, but that you also include contact info for an emergency contact *outside* of your immediate area.
- If you are unable to return to your home right away, you may need to board your pet. Find out where pet boarding facilities are located.
- Most boarding kennels, veterinarians and animal shelters will need your pet's medical records to make sure all vaccinations are current.
- If you have no alternative but to leave your pet at home, there are some precautions you must take, but remember that leaving your pet at home alone can place your animal in great danger!

This Basic Survival Check List can help you out with some ideas that are really a clear picture and genuine incentive to be prepared for your pets which have become so important to you and your Family. Remember children of all ages can become extremely stressed not knowing where their pet or pets are and this anxiety can only exacerbate the tough circumstances surrounding an Emergency situation.

- **Food.** At least a three day supply in an airtight, waterproof container.
- **Water.** At least three days of water specifically for your pets.
- **Medicines and medical records.**
- **Important documents.** Registration information, adoption papers and vaccination documents. Talk to your veterinarian about microchipping and enrolling your pet in a recovery database.
- **First aid kit.** Cotton bandage rolls, bandage tape and scissors; antibiotic ointment; flea and tick prevention; latex gloves, isopropyl alcohol and saline solution. Including a pet first aid reference book is a good idea too.
- **Collar or harness with ID tag, rabies tag and a leash.**
- **Crate or pet carrier.** Have a sturdy, safe crate or carrier in case you need to evacuate.
- **Sanitation.** Pet litter and litter box if appropriate, newspapers, paper towels, plastic trash bags and household chlorine bleach.
- **A picture of you and your pet together.** If you become separated, a picture of you and your pet together will help you document ownership and allow others to assist you. Add species, breed, age, sex, color and distinguishing characteristics.

http://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/embc/preparedbc/3748_preparedbc_prepareyourpets_web.pdf

Build an Emergency Kit

Creating a home emergency kit doesn't need to take long. Just follow the basic list below. In addition, remember to add personal items, such as prescription medications, an extra pair of eyeglasses and copies of important documents like passports, birth certificates and insurance papers.

Get your Family involved in this process as each individual in your home can and will have varying degrees of personal stress and anxiety in an Emergency circumstance. Comfort can come in the form of a "blankie" or your favourite Michael Buble signed Photograph. Think about it!

Always make sure emergency kits are in easily accessible locations. Have a look at the short video below. Read through the information in the link attached and take a moment to reflect on what it is that you could be overlooking in your plans for a safe and secure family unit.

www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/build-an-emergency-kit

https://youtu.be/00cIyJgJ_B8

The Importance of Water

How much is enough?

The general rule is four litres of water per person per day, but there are a few caveats:

- Children, nursing mothers and sick people may need more
- Pets need about 30 millilitres of water per kilogram of body weight per day.

How and where do I store my water?

It's recommended you purchase commercially-bottled water and keep it in its original container in an easily accessible, cool and dark place. Don't open it until you need it.

Observe the expiration or "best before" dates. Set a reminder in your phone or remember to check the dates when the clocks "spring forward" and "fall back".

What hidden water sources are available in my home?

SHORA Emergency Preparedness

It's easy to locate safe water sources in your home. These include the water in your hot-water tank, pipes and ice cubes. It's [recommended](#) you don't use water from toilet tanks or bowls, radiators, waterbeds, swimming pools or spas.

Can I purify my own water?

We recommend purchasing commercially-bottled water; however, the Ministry of Health has [information on the steps](#) you can take to purify and bottle your own.

What about water filtration devices?

These devices are becoming more and more popular, perhaps because they don't take up as much room as several litres of bottled water. There are a lot of different options out there – different brands offer many different types, ranging from water bottle-sized to 18-litre containers or larger. If you choose to go this route, it's still not a bad idea to store some bottled water as well.

Grab-and-go

Don't count on being home when there's an emergency. In addition to having one at home, create grab-and-go bags for your work and vehicles that contain:

- Food (ready to eat) and water
- Flashlight and batteries
- AM/FM radio
- Medications
- Seasonal clothing
- Blanket
- Cell phone charger
- Pen and notepad
- Personal toiletries
- Small First-Aid kit
- Extra pair of glasses or contacts
- Cash in small bills
- Local map with your family meeting place identified
- Whistle

Emergency Mommy

SHORA is quickly becoming a Family Oriented Residential Community again and after a protracted period of time, the latest Market boom has seen the influx of Families with children. There are childcare centres as well as Elementary School(s) within or near our community and this is exciting to one and all.

Follow the many tips found here to make yourself a Super Hero to and for your Family. This collection of ideas is a brilliantly presented Emergency program that will make you think twice about your Family and the safety of your loved ones. We only need to watch the news to see what havoc has and can be wreaked on an entire community in a matter of a moment. Work on it. This is something that will allow you to involve your Family in measures that can only produce positive results.



www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/emergency-mommy

- [Meet Emergency Mommy](#)
- [Talking to Your Kids About Disasters](#)
 - [Disaster Dining](#)
- [Ready for Camping, Ready for Emergencies](#)
 - [Give the Gift of Preparedness](#)
 - [Campfire Safety](#)
- [Travel Safe: Road Trippin' Emergency Mommy Style](#)

Power Outage Preparedness

During an extended power outage, you may be without light, heat and hot water. Planning in advance for this possibility is important, so be prepared to be on your own for a minimum of 72 hours by developing a [household plan](#), putting together your [emergency kit](#) and [connecting with your neighbours](#).

It really is quite easy to become angry with BC Hydro during “another power outage”, however, if you think about it, they are exceptionally few and far between here in Porpoise Bay. If the power is out, it usually due to lines being compromised by trees, branches and this is usually associated with Wild Winds and the Storm Warnings now really do give us an exceptional advance warning system. So be prepared.

<https://youtu.be/EeA86KNzGFg>

What Can I Do:

- Have a battery-operated radio and listen to your local station for warnings, advice and instructions
- Stow flashlights around the house and remember to have extra batteries on hand. Other safe lighting options include glow sticks, crank-flashlights, headlamps and battery-operated lanterns
- Consider a home generator during extended power outages, as long as it’s used in accordance with manufacturer’s guidelines and never operated indoors
- Fireplaces, woodstoves, barbecues and camp stoves can be used for emergency cooking, just don’t use the last two indoors due to the risk of carbon monoxide build-up

www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/know-the-risks/power-outages

To report an outage
Call [1 888 769 3766](tel:18887693766)

SHORA Emergency Preparedness

Is it Safe to Eat:

Of course your Mother would make you eat it all regardless, however, in these days of freezers and bulk buying for reasons of household economy, food storage has become the norm. However, over an extended period of time if the power is out and the energy to the refrigerator and or the freezer has been compromised, then you might want to consider the safety of the food you have ferreted away for these very Emergency times.

[BChydro](#) suggests that if the power is out for less than four hours, then the food in your refrigerator and freezer will be safe to consume. While the power is out, keep the refrigerator and freezer doors closed. This will prevent the cold air from escaping and keep your food cold for longer.

If the power is out for longer than four hours, follow these guidelines:

- A freezer that is fully packed will hold food safely for 48 hours. A freezer that is half full will hold food safely for up to 24 hours
- Tip: Keeping containers of water in your freezer or fridge is a good way to fill up extra space if they aren't fully stocked. This will also help your freezer and fridge use less electricity and run more efficiently
- Pack milk, other dairy products, meat, fish, eggs, and spoilable leftovers into a cooler surrounded by ice
- Food may be safely refrozen if the food still contains ice crystals or is at 4°C or below

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